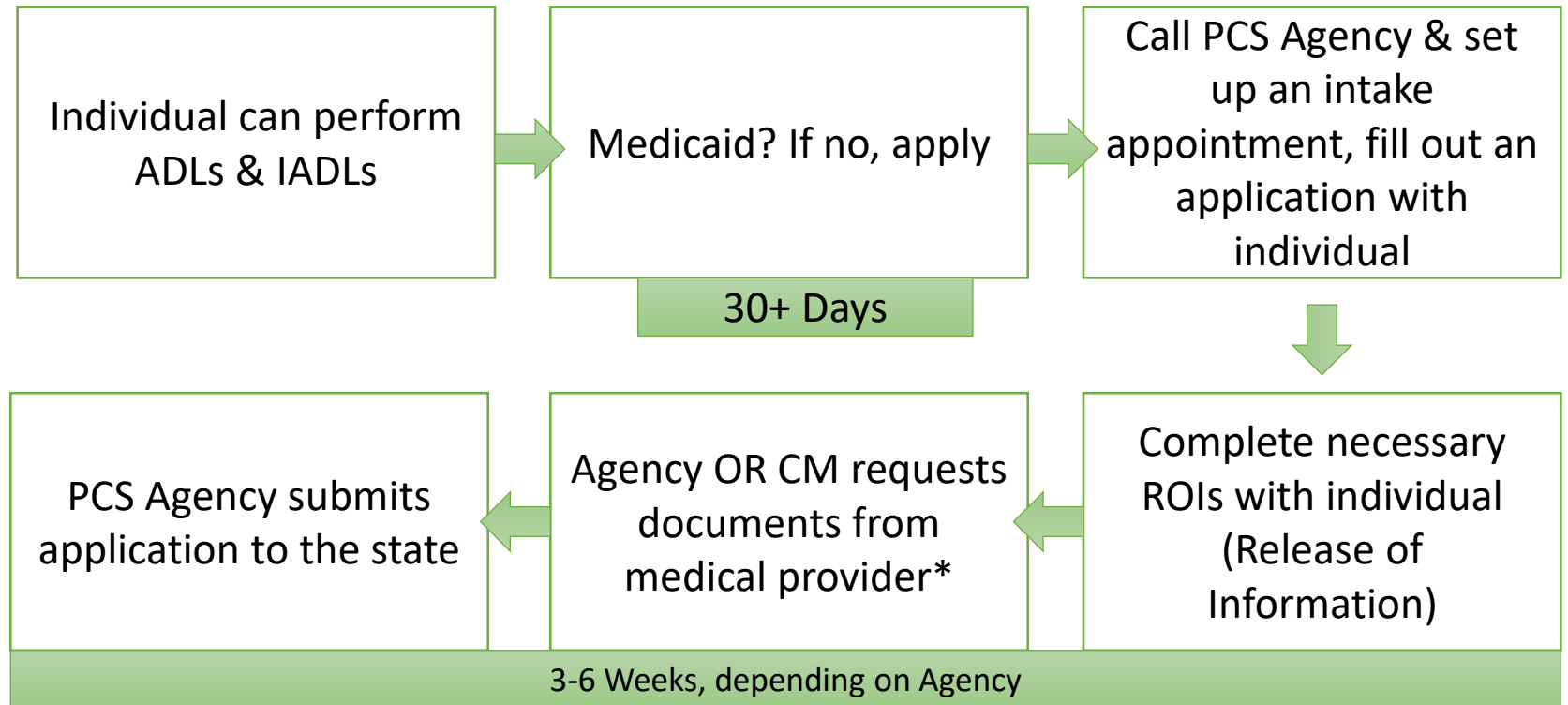


# PCS Agency Process Guide



ADRC PCS Agency  
List [here](#)

PCS: Personal Care Service  
(agency)  
PCA: Personal Care Attendant  
(individual providing care)

\*Examples:  
Verification of Disability,  
Verification of Medical  
Diagnosis  
(Dependent on Agency who  
requests the verifications)

# ADL & IADL Check List

If an individual fits in some, most, or all categories, schedule a PCI

- ADLs

- Personal Hygiene
  - Bathe and groom self, maintain dental hygiene nail & hair care
- Contenance
  - Control of bladder and bowel function
- Dressing
  - Wearing appropriate clothing and put them on
- Functional Mobility
  - Ability to move from one position to another, walking
- Self-feeding
- Toileting
  - Get to and from the toilet, using appropriately, cleaning self

- IADLs

- Cleaning & Housekeeping
  - Maintaining living area, ability to clean clothing or obtain clean clothing
- Managing Money
  - Ability to pay bills, manage financial assets
- Medication Management
  - Ability to obtain medication and take them as directed
- Preparing Meals
  - Shopping for the right food, getting a meal prepared
- Transportation & Shopping
  - Ability to procure groceries, attend events, driving or organizing means of transport
- Using Communication Devices
  - Ability to manage a phone, mail

Contact: [dorm@aceh.org](mailto:dorm@aceh.org)

We meet every Thursday at 9:00am on  
Teams